## SIZZLING TREATMENT

Most couples confine their love making to their bedroom. Add Sizzle by going Outside the Bedroom.

- Family/living room This room will normally have a fireplace which adds
- warmth and lighting for lovemaking. If there is a music system it can provide
- soft romantic music for the encounter.
- Kitchen Gives a great opportunity to be intimate before the sexual encounter.
- Dim the light, hold hands and enjoy conversation or a cup of coffee.
- Screened-in porches Gives the feel of outdoors but the protection of indoors. It provides a great opportunity to star gaze or even watch an electrical storm in the distance.
- Guest bedrooms Excitement can be added just by changing bedrooms.
- The backyard Only if there is privacy, but many couples find it romantic
- to go outside in the backyard or on the deck on a moonlit night.
- Inside the car or van This can bring back some memories and lost passion. The car offers a comfortable environment to talk, listen to music and
- be romantic.
- Beach, mountains, and woods These are wonderful natural places that
- add variety to the sexual experience. Find a secluded spot and wrap yourselves in a blanket for a brief but exciting encounter.
- Hotels and motels Provides a great environment for intimate encounters.

## Add Sizzle by Planning Ahead.

- Take a half day off from work and spend the time in bed.
- Pick an evening during the week and decide you will have no television and
- that you will go to bed early.
- Pick a weeknight and arrange to go to a hotel. Have a relaxing dinner and
- spend the rest of evening making love.
- Select a date each month and set this aside as your romantic encounter
- night.
- Arrange for a Saturday morning spent in bed after waking up. Those yard jobs and chores can wait until the afternoon.

Also, check out the Romantic Tips Forum. We will be adding suggestions and ideas for you throughout our time together.