

I Corinthians 7:3-5 - Let the husband fulfill his duty to his wife, and likewise also the wife to her husband. (4) The wife does not have authority over her own body, but the husband does; and likewise also the husband does not have authority over his own body, but the wife does. (5) Stop depriving one another, except by agreement for a time that you may devote yourselves to prayer, and come together again lest Satan tempt you because of your lack of self-control.

Oh, dear! Is this passage of scripture saying what I think it is saying? When I got married, did I relinquish authority over my body to my spouse? Oh, dear! But he wants sex too much!

Most wives do not understand why her husband has a strong desire and need for sex. On the contrary, most husbands are clueless when it comes to understanding why a wife so longs for his affection.

When a man marries, he makes a vow to be faithful to his wife until death. He is committing to be in a monogamous relationship with only his wife for the extent of his life. In his heart and mind, he believes, because he has committed to her and her alone, she should be available to him sexually whenever he needs to make love. He feels she should be able to meet all of his sexual needs. Sex to men is like shopping to women—only too much is enough.

The mind of the married man is excited about having a wife to meet his sexual needs whenever, wherever, and however he desires— his own “convenience store” if you will—it’s there in the middle of the night when you need it. However, just as a convenience store, he sometimes faces disappointments—there is not much variety and sometimes the store is closed. Many men are disappointed because the frequency and quality of sexual encounters does not meet their expectations.

Is it all they think about?

Face it women, men have a higher sex drive than women. There are some cases where the woman’s drive is higher, but that is not the norm. So why is a man’s sex drive higher than a woman’s? Is it testosterone? Is it the dog in them? Roof! Roof! Is it the way they were raised? Is it the schooling from the streets? Shall we explore the scriptures....

Genesis 1:27-28 - So God created man in his own image, in the image of God created he him; male and female created he them. (28) And God blessed them, and God said unto them, Be fruitful, and multiply, and replenish the earth, and subdue it: and have dominion over the fish of the sea, and over the fowl of the air, and over every living thing that moveth upon the earth.

In Gen. 1:27, Scripture tells us that God created man and woman. In this creation, He also created sex for both man and woman to enjoy. Note that God created man and women with different body parts. God created sex within the creation of man and women. Thusly, sex was not something man thought of later.

In Gen. 1:28, God commanded the man and woman, once they were married, to be fruitful and multiply. The only way this could be achieved was through sexual intercourse. A married man has a need for sex because of his genetic make up. God created him that way and commanded him to be fruitful and multiply. The seed (semen) place in the man must be released. It will be released either through intercourse, masturbation, wet dreams, or an adulterous relationship. A woman has a monthly cycle necessary for reproduction and inner cleansing that she cannot stop. Just, the same with a man—you cannot stop what is called upon him to do—be fruitful and multiply (sex)—therefore, who is to supply his needs if his wife does not? *Oh, dear!*

So back to the first scripture discussed, 1 Corinthians 7:3-5. Paul instructs the married couple not to deprive one another of meaningful and fulfilling sexual encounters. So what does that mean? Simple—a wife can't be holding out on a brother! Deliver us from the woman's generational curse of headaches!

Paul in that same text talks about the fact that our bodies are no longer our own, and we are to render due benevolence to our mates. "Due benevolence" carries the idea of paying a debt. You cannot expect to make a lump sum payment in full on your wedding night. You also can't take the attitude, "Here's what I managed to scrap up. Take it or leave it." Make long-term meaningful installments. Both of you are to enjoy your encounters.

Hebrews 13:4b says, "*Marriage is honourable in all, and the bed undefiled.*" What you do in your bedroom is between, your spouse, and God. DIVAS, a man want his wife to be a lady on his arms, yet a freak in the bedroom. Find creative ways to enjoy and pleasure your man sexually. (We will discuss this further). A husband doesn't want a boom-bam-thank-you-ma'am experience—he wants a mind blowing experience. Don't be afraid or uptight about adding variety to your private experience. So.....

- Drop it like it's hot
- Flip it & Dip it
- Back that thing up and...
- Shake it like a Polaroid shaker

SIZZLE IT UP!

That's the next place we shall go for discussion.... "Sizzling it up"